



Post Office Box 209
North Salem, NY 10560

North Salem Neighbor
North Salem, New York 10560

NONPROFIT
ORGANIZATION
U S POSTAGE
P A I D
White Plains, NY
Permit No. 6070

KEEP NORTH SALEM GREEN

Look inside for some simple things you can do to help...

KEEP NORTH SALEM GREEN



If you don't save this newsletter - Please recycle it!

KEEP NORTH SALEM GREEN

Reduce
Reuse
Recycle



northsalemimprovementsociety@yahoo.com.
P.O. Box 209 North Salem, NY 10560

Welcome to the first issue of **"Keep North Salem Green."** Our goal in publishing this newsletter is to give you local recycling information, ideas on how to save energy and natural resources, and tips on how to keep North Salem clean and green. Some of the resources you will find on the next few pages include places to donate goods, how to dispose of Freon and other toxic items, organic lawn services, a list of items that can be recycled, and how to purchase wind power. One of the most exciting recent accomplishments of NSIS is a cell phone drop box at the North Salem Library. Read more in this newsletter about how recycling cell phones can help people in need (and help the environment, too!)

Most of us recycle goods on a daily basis--empty bottles and cans, junk mail, cereal boxes, etc...However, there are many things we **could be recycling** that we don't. And there are several items that are very toxic to our environment, like rechargeable batteries, that should not be thrown away in the household trash. On the following pages, you will find a multitude of resources designed to help you live by the 3 R's: Reduce, Reuse and Recycle. Reducing the amount of garbage placed in landfills is critical as landfill space is running out. Right now, 73% of our garbage is buried in landfills, and 34% of that garbage is paper that could have been recycled! And did you know that 34.8 billion cans are thrown away, rather than recycled, each year in the U.S. By following the 3 R's we can not only **reduce** the amount of garbage buried in landfills but also save natural resources by creating goods from recycled materials instead of raw materials (e.g., trees).



We hope you find **"Keep North Salem Green"** helpful and will keep it for future reference (or at least recycle it!). And we hope you will be inspired to do more on a personal level to reduce, reuse and recycle, leaving this earth a healthier place for the next generation.

INTERESTING INFORMATION

Resources saved by Recycling:

- One Ton of newspaper** - equivalent of 17 trees and conserves 2 – 3 cubic yards of landfill space.
- One Ton of Glass** - If we use a mixture of 1/2 recycled glass and 1/2 raw materials we reduce water consumption by 50%; Mining wastes by 79% and Air Pollutants by 14%.
- One Ton of Aluminum** - Recycling aluminum reduces water consumption by 95%; Energy used by 95%; Air Pollutants by 95%.
- One Ton of Steel** - Recycling steel reduces water consumption by 40%; Water pollutants by 76%; Energy use by 74%; Air Pollution by 86% and Mining Wastes by 97%.

Information by Browning-Ferries Industries provided to NSIS by Westchester Government Department of Environmental

What You Can **DO** To Make A Difference!

Used Bicycles



Many of us have bicycles gathering dust in our garages or basements. They hold almost no resale value and fill our dwindling landfills. Millions of people in developing countries throughout the world have no transportation other than their two feet. Pedals For Progress, a nonprofit organization, addresses this situation by gathering used bicycles and shipping them to willing partners worldwide for use as transportation to jobs, markets and schools.

The North Salem Improvement Society, in conjunction with Pedals For Progress, will sponsor a **Bicycle Collection Day** on Oct. 30th, 1 - 4 PM. Bring your unwanted bikes to the parking lot outside the Lions Community House (formerly the Ambulance Corp) at the intersection of Route 22 and Titicus River Road, near Route 116. A donation toward shipping is requested (suggested: \$10. per bike). All cash and material donations are tax deductible. Both adult & child bikes will be accepted. Open to all, not just North Salem residents. Tell a friend!

CELL PHONE DROP OFF

Two independent studies funded by the USS Environmental Protection Agency and the State of California respectively, reveal that obsolete or non-working mobile phones qualify as hazardous waste even with their batteries removed. The toxicity is due to the use of the toxic metal lead in the phones and their propensity to leach the lead content when deposited in a municipal landfill.

So, you ask, what can I do to safely dispose of my outdated or broken cell phones?

We're here to help! Through our organization, North Salem now has its own [cell phone drop-off location](#) at the **North Salem Free Public Library**. The program is funded by Westchester County and Verizon who are teaming up to reuse or recycle old, unwanted cell phones, including chargers and accessories, in Westchester County through the HopeLine Program. Cell phones that are reusable will be refurbished and donated with pre-programmed minutes to domestic violence victims. Phones that are not will be properly recycled. We've already collected dozens of unwanted phones!

WESTCHESTER COUNTY FALL 2005 HOUSEHOLD CHEMICAL CLEAN-UP DAYS

Saturday, September 17, 2005 9AM - 3 PM

Westchester County Recycling Center, Yonkers

- NYS Thruway (south) to first exit after tollbooth. Exit 6A/ Stew Leonard Drive. Turn left at light. Follow signs.

Friday, November 4, 2005 1PM - 3PM

Saturday, November 5, 2005 9AM - 3PM

Playland Park, Rye

- Take I-95 to Exit 19/Playland Parkway. Proceed to end of Parkway. Follow signs.

Chemicals must be in original or labeled containers. Close all bags and bottles tightly. Place all chemicals in a sturdy box in the trunk of your car. Only residential chemicals are acceptable. Pre-registration is required for 80 pounds or more of solid material or 25 gallons or more of liquids. Call Household Chemical Info-Line (914)813-5425 or <http://www.westchestergov.com/envfacil/> for more info.

ITEMS ACCEPTED AT CLEAN-UP DAYS:

Properly labeled household chemicals including:

Most automotive fluids-antifreeze, brake fluid, gasoline car tires (maximum 10)
Flammable liquids - kerosene, butane, charcoal fluid, turpentine, solvents, polishes and waxes
Metal, jewelry, furniture, and wood preservatives
Pesticides, insecticides, herbicides
Photographic and swimming pool chemicals
Fluorescent light bulbs
Fire extinguishers & small propane tanks (1&2 LB. only)
Rechargeable & button cell batteries
Mercury (including thermometers & thermostats)
TV and computer monitors only
Cell phones

ITEMS NOT ACCEPTED:

Paint: oil & latex - dispose of with household trash in solid form.
Air dry, use kitty litter or paint hardener
Motor oil - take to service station or motor oil retail outlet
Vehicle batteries - take to a local scrap metal dealer or any vehicle battery retail outlet
Non-rechargeable batteries - dispose of in trash
Compressed gas cylinders - helium, oxygen, & bbq/propane tanks 20 pounds
Freon & appliances with Freon - air conditioners & dehumidifiers
Pharmaceutical/medical/biological waste
Smoke & fire detectors
Materials from commercial & institutional users
Empty chemical containers - dispose with household trash
Explosives, ammunition, flares and fireworks
Construction and demolition debris
Pharmaceutical or medical waste

GOODS WORTH PASSING ON



Damaged CDs & DVDs

can be repaired, so consider repairing or reusing those disks before tossing them in the garbage. It's possible to repair small scratches with a mild abra-

sive such as toothpaste. Work only on the non-label side with strokes moving out from the center. Professional restorers such as **AuralTech CD Refinishing** (<http://www.auraltech.com>) will repair disks, \$2-\$3 each depending on quantity, and guarantee the results. If you don't like the CDs or DVDs, give or trade them at a music store or donate them to charity.

Unrepairable CDs, DVDs and cases can be recycled

by designated recyclers (see below). Recordable CD-Rs each have 20mg of gold that can be recovered so reprocessors remove the data layer and reuse the plastic disc. If you are worried about proprietary data, score both sides of the CD carefully with a sharp object to render the disk inoperable.

To recycle CDs and DVDs

Send prepaid by UPS Ground, third-class mail, freight or other surface transportation to:

Plastic Recycling
2015 So. Pennsylvania
Indianapolis, IN 46225
Telephone (317) 780-6100

TREASURE SWAP

One person's trash is another's treasure. This is where treasures in used but usable household or office items, like furniture, appliances or equipment, are found or given away. No fees can be charged by either party and the recipient is responsible for picking up the item.



www.westchestergov.com/treasures

Many nonprofit and charitable organizations welcome donations. Here are a few in our area:

Westchester Access open to businesses that want to donate old computers and related equipment to nonprofit organizations.

Big Brothers and Big Sisters- picks up usable donations of large items (914-963-4453)

The Salvation Army needs sellable, usable items. Information (914-664-0800)

Goodwill accepts clothing, toys, books, shoes and small housewares (718-728-5400)

Planned Parenthood of the Hudson-Peconic region runs an annual fund-raiser selling donated items (this year Oct. 14-16 in Tarrytown). Call the Auction Line (914-467-7320) Can do home pick-ups.

The YWCA in White Plains accepts donations on behalf of the women who live in the 135 room residence that the agency runs (914-428-1130) Family Services of Westchester-accepts donations call (914-937-2320)

New Beginnings in Ossining accepts household items which are then donated to formerly homeless families (914-923-4889)

The Career Closet provides new and gently used appropriate interview attire for men and women who are moving from welfare to work. For information call on Saturday mornings (914-944-1472)

The Gifts in Kind Program (run by United Way of Westchester and Putnam)-places excess items of value and office equipment that can be used by others. Information (914-997-6700 extension 755)

Children's Village accepts furniture, computers, lamps, office chairs, new clothes, new books and new sporting equipment. Call (914-693-0600 extension 1587)

My Sister's Place a shelter for abused women that welcomes donations of kitchen items, linens, bedding and towels to help clients set up homes once they leave the shelter. Call (914-683-1333 extension 150)

The Family Resource Center in Peekskill helps homeless families with functional items. (914-739-0411)

A-Home (a Mount Kisco-based coalition of civic and religious organizations that develops affordable housing)-accepts furniture, bed frames, lamps, end tables and bookcases. (Information 914-666-0740)

The Piggy Bank in Scarsdale operates for the benefit of the White Plains Hospital Center; accepts seasonal clothing. Store at 4 Grey Rock Road, M-Sat.9:30 to 4 p.m.

Junior Leagues Thrift Stop welcomes clean clothing and household items. 21 Babbitt Rd., Bedford Hills (914-666-2290)

ORGANIC LAWN SERVICE

While we all want green, weed free lawns, the use of pesticides and harsh chemicals is taking a toll on our environment, our health, and our water supply. If you must use a pesticide, take care to use the recommended dosage and not over apply. Even better, use organic lawn and garden products, which are a safe and effective alternative. Advanced organic products can be combined with traditional techniques to support truly healthy, vibrantly green lawns. Organic lawn care isn't perfect, but can be very effective against weeds and pests. And really, do you want to have a chemicalized "golf-course" lawn, or a living lawn where you and your family or pets, and the neighborhood birds and squirrels can safely play or relax on?

Organic Gardening Resources:



Full Service Organic Lawn

Natures Rain Organic Lawn

1015 Saw Mill River Road #51

Yonkers, NY 10710

www.naturesraininc.com

naturesrain@optonline.net

Dirtworks

1-800-769-3856

(Organic gardening products)

www.dirtworks.net

Gardens Alive!

513-354-1482

www.gardensalive.com

W I N D • P O W E R

For only a few pennies more a day, you can choose Wind Power and make a world of difference for generations to come. If just 10% of New York's households chose wind power for their electricity supply, it would prevent nearly billion pounds of carbon dioxide, 10 million pounds of sulfur dioxide, and nearly 4 million pounds of nitrogen.

- Produces fewer environmental impacts than fossil fuel energy.
- Helps to diversify the fuel supply, increasing the reliability of the New York State electric system and contributing to more stable energy prices.
- Reduces use of imported fossil fuels, keeping dollars spent on energy in the State's economy.
- Creates jobs and helps the economy by spurring investments in environmentally-friendly facilities.
- Creates healthier air quality and helps to reduce respiratory illness.
- Wind power costs 0.6 - 2.5 cents more per kilowatt hour of electricity than conventional power: however, the more people who participate the lower the cost will be in the future.

NYSEG customers have two choices to purchase wind power:

Community Energy

Contact: 1-800-356-9734. www.newwindenergy.com

NYPIRG Fuel Buyers Group-Windpower

Contact: 1-800-695-4645. windpower@nypirg.org. www.nypirg.org

FREE COMPOST and WOOD CHIPS

The Town has free compost and wood chips available for North Salem Residents. The compost is made from the leaves and branches picked up throughout the year and allowed to breakdown for 2 years. The wood chips are made from fallen trees and from town maintenance of trees. The pick-up location is at the salt shed behind Kingsley's on June Road. **The hours are Monday - Saturday from 7:30 am - 2:00 pm.** Proof of North Salem residency required. (P.O. Box addresses okay.) The town is currently out of compost; it will be available next year. Wood chips are still available.

COMPOSTING

Consider composting food waste, like banana peels and carrot shavings, instead of throwing it in the garbage. You will help save landfill space and create rich, organic compost to use in your garden. Just think, free compost and you won't have to lug those heavy bags of the stuff home from the store!

There are hundreds of composting web sites to help you get started. Here are a few:

www.composttumbler.com

www.composters.com

Mill River Supply in Bedford Hills sells compost bins and tumblers, 365 Adams Rd.

RECYCLING

Newspapers, magazines, catalogs, phone books, cereal boxes and junk mail may be commingled and either tied with a cord in bundles not higher than 10 inches or bagged in brown paper bags, no plastic. Don't put out newspapers or cardboard on rainy days.



Corrugated cardboard must be broken down and bundled not higher than 10 inches and not wider than 36 inches in either direction. Feed/shavings bags [no staples] must be similarly bundled. Do not include paperboard such as cereal boxes; they should be packaged with your newspaper recyclables.

- **Glass bottles [all colors]**
- **All aluminum, tin and metal cans, foil and pie plates**
- **Plastic containers numbered 1, 2, and 3 only can be recycled**
- **Items should be rinsed & commingled in clear or blue-tinted recycling bags or in a recycle bin.**

There is no limit on the amount of material that any one household may recycle. Remember, recycling is MANDATORY and the more we recycle, the more we save.

The following items will not be accepted for recycling:

- any plastic item without a number
- oil/anti freeze containers
- wax coated milk/juice containers
- frozen food packages
- packing "peanuts"
- china/crystal
- styrofoam
- pots/pans
- hangers
- window glass
- mirrors
- plastic bag
- light bulbs
- used oil
- books
- flower pots
- egg cartons
- toys
- driveway sealer cans
- pottery
- batteries (rechargeable)
- paint cans
- aerosol cans

**Most grocery stores will now take plastic bags for recycling.
Most mail centers will take your "peanuts".**

PROPER DISPOSAL & RECYCLING

Household Paint: Oil-based, water based or latex paint may be legally and safely disposed of in your garbage by hardening the paint. Paint may be air-dried or dried by mixing the paint with kitty litter or other absorbent pellet material until no liquid remains. The lid must be off.

Motor Oil: Take to a service station or retail outlet that sells motor oil.

Oil Filters: Drain oil from the filter; usually accepted by recycling centers, curbside collection, and local scrap metal dealers. As a last resort, wrap drained filter in newspaper and dispose of in the garbage.

Vehicle Batteries: Take vehicle batteries to retailers that sell them.

HOUSEHOLD BATTERIES:

Safe disposal of batteries can be confusing as there are different requirements depending on the type of battery. Fortunately, since 1992 85% of household batteries have significantly lowered mercury content making battery disposal safer and easier. Also, Radio Shack stores will take your unwanted batteries off your hands for free!

Following is a guide to the proper disposal of all types of batteries:

Non-rechargeable

(alkaline & carbon zinc)
• household trash

Rechargeable (alkaline only)

• household trash

Rechargeable (nickel cadmium, sealed lead acid, nickel hydride & lithium)

• Radio Shack stores, local drop-off site or County Household Chemical Clean-Up Day.

Button Cell (silver oxide, mercuric oxide, lithium & zinc air)

• Radio Shack stores, local drop-off site or County Household Chemical Clean-up Day

• TIRES •

Due to the concern about West Nile Virus, the county is encouraging residents to dispose of old tires. Tires left outside can fill up with rain water, creating a perfect mosquito-breeding ground.

Westchester County Chemical Clean-Up Day
(check upcoming dates on page 8)
10 tire maximum, with or without rims

Mavis Tire Outlets will accept old tires for a nominal fee (call your local dealer for details)

There are several locations in the surrounding areas: Mt. Kisco, Yorktown, Carmel & Mahopac

REFRIGERATORS & AIR CONDITIONERS

Need to be certified that the Freon has been removed before the recycling process. Westchester County issues "Freon Stickers" to certified refrigerant extraction technicians who have documented that they own E.P.A. certified Freon extraction equipment. The following are several dealers who remove Freon. A complete list is available at the Town Clerk's Office.

Clover Heating & Cooling
219 Gordon Avenue
North Tarrytown, NY 10591
914-631-6744

Dako Controls Corp.
17 Saint Charles Street
Thornwood, NY 10594
914-747-0525

The following will take air conditioners with Freon:
Brookfield Metal Company in Elmsford
592-5250